SPCCAA Running Team Training Class Application Form

To: St. Paul's Co-educational College Alumni Association Limited 33 MacDonnell Road, Hong Kong
Tel: 2877-2885 Fax: 2522-2255 Email: spccaa@spccaa.org
WhatsApp: 9222-0776

Name:	(English)	(Chinese)
Year of Graduation:	-	
Date of Birth (MM/DD):		
Telephone No:	_	
Email address:	_	
Address:		
(Optional) I would like to sponsor the Ri	unning team activity in th	e amount of HK\$
Payment method		
□ By cheque		
Please send in a cheque payable to 'SPCO	CAA Events Limited'.	
Cheque no.:		
Issuing Bank:		
□ By direct transfer		
		ang Seng Bank account number 262-158066- ls. Our WhatsApp number is 9222-0776.
All payments made are not refundable.	•	
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Do you have any running / marathon / t	trail experience?	
□ No Experience □ 1-3 Years □ 4-5 Yea	ars □ >5 Years	

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Declaration

I declare that I do not suffer from any illness/disability that renders me unfit to participate in the above activity. I will immediately notify SPCCAA if, for any reason, my health subsequently renders me or may render me unfit to participate in the above activity. I fully accept that SPCCAA will then consider whether I should, in the interest of safety or the safety of the other participants, continue to be allowed to further participate in future sessions and that his/her/the decision of SPCCAA will be final.

Where trainers are in place, I agree to follow the trainer's instructions. I agree that this may be a verbal, visual, physical or demonstrative form of communication. I will ask for further clarification of any ambiguous and/or inaudible instructions. I understand that I will be asked to leave a session immediately if deemed to be deliberately ignoring the instructions from the trainer.

Assumption of Risks and Disclaimer of Liability

As a participant in the above activity, I recognize and acknowledge that there are certain risks for physical injury and I agree to assume the full risk of physical injuries, including death, damages of loss which I may sustain as a result of participating in any and all activities connected with or associated with the SPCCAA Running Team.

I recognize the risk of harm due to the hazards inherent in the activity and that serious injuries can and do occur. I accept the full responsibility for any injuries that may occur to me as a result of my participating in the SPCCAA Running Team. I waive any and all liability against Saint Paul's Co-educational College Alumni Association Limited, SPCCAA Events Limited, their officers, coaches, trainers, volunteers, affiliated organizations, sponsors, and the owners and operators of any facility utilized by SPCCAA Running Team, and hereby release and discharge the same, from any claim, loss, injury, cost, damage or expense incurred/sustained by me or on my behalf as a result of my participation in the SPCCAA Running Team.

Notes:

- 1. Enrolment is offered to SPCCAA members only.
- 2. Successful registrants will be notified of their enrolment status by email by 18 September 2022.
- 3. SPCCAA reserves the right to change the venue and date of the class due to unforeseen circumstances.
- 4. Bad weather arrangement: A training will be cancelled if typhoon signal no. 3 or above/Red Rainstorm Warning is hoisted 2 hours prior to the commencement of the session. In the event that a training is cancelled due to bad weather, a make-up session will be arranged.

Print name:	
Signature:	Date:
Emergency Contact Person	
Name:	
Mobile:	